

EQUIPMENT CHECK LIST

Snowboard Anwärter (SB level 1+2) Snowboard Landeslehrer (SB level 3)

SNOWBOARD: Snowboard equipment and boots for: riding demos, off piste, gates, freestyle.

(Freestyle Board) For the race you can use a race board.

- o Helmet (helmet is a must for all the courses)
- Snowboarding outfit
- o Sun glasses and goggles, small backpack for the lunch break on the slope
- o Sun protection (Glasses, hats, cream)
- Swimming outfits (Summer Courses)
- o If possible tuning gear
- Writing utensils
- o If possible, laptop
- o E-card, travel, health insurance
- o Certificates of previous qualification (SB Landes)
- o Confirmation of practical work in the ski school (SB Landes)
- o Avalanche transceiver (SB Landes)
- Prope and shovel (if possible) (SB Landes)
- o Take previous scripts with you (SB Landes)
 - Anwärter candidates receive your books at the beginning of the course