

COURSE CONTENT

SKI INSTRUCTOR - QUALIFICATION

**WIENER SKI- UND SNOWBOARDLEHRER VERBAND
SNOWSPORTS ACADEMY**

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QUALIFICATIONS UP TO LANDESSKILEHRER (Level 3) – BREAK-DOWN

QUALIFICATION PATH							MODULAR QUALIFICATION PATH						
		DAYS	HRS	THEORY	EXPER.	PRACT.			DAYS	HRS	THEORY	EXPER.	PRACT.
							LEVEL 1	NATIONAL SKI INSTRUCTOR	5	49	14	25	10
LEVEL 1 +							LEVEL 2	MODULE SKI-ANWÄRTER	6	97	17	30	50
LEVEL 2	SKI INSTRUCTOR-ANWÄRTER	10	129	29	50	50		SKI INSTRUCTOR-ANWÄRTER	11	146	31	55	60
LEVEL 3	LANDESSKILEHRER 1 (Part 1)	10	122	22	50	50	LEVEL 3	LANDESSKILEHRER 1 (Part 1)	10	122	22	50	50
	LANDESSKILEHRER 2 (Part 2)	10	74	24	50			LANDESSKILEHRER 2 (Part 2)	10	74	24	50	
	ALPINE COURSE	7	59	24	35			ALPINE COURSE	7	59	24	35	
		27	255	70	135	50			27	255	70	135	50
LEVEL 3	AUSTRIAN						LEVEL 3	AUSTRIAN					
ISIA	LANDESSKILEHRER	37	384	99	185	100	ISIA	LANDESSKILEHRER	38	401	101	190	110
LEVEL 3+	SNOWSPORTS INSTRUCTOR						LEVEL 3+	SNOWSPORTS INSTRUCTOR					
	MODULE - SB - ANWÄRTER	5	45	20	25			MODULE - SB - ANWÄRTER	5	45	20	25	
	SNOWSPORTS INSTRUCTOR - SKI	42	429	119	210	100		SNOWSPORTS INSTRUCTOR - SKI	43	446	121	215	110

The path to becoming a fully qualified **Landesskilehrer** starts with the **Skilehrer-Anwärter (Level 1+2)**. This qualification can be gained by successfully completing the full, 10-day **Skilehrer Anwärter** course (**Level 1+2**) or through completing the modules separately. First, the **National Ski Instructor (Level 1)** (5 days) followed by the **Ski-Anwärter** module (**Level 2**) (6 days).

The qualifications continue through either pathway with the **Landesskilehrer 1 (Level 3-Part 1)**, the **Landesskilehrer 2 (Level 3-Part 2)** and the **Alpine Course**. In the meantime between completion of the **Skilehrer-Anwärter (Level 1+2)** and the beginning of the **Landesskilehrer 1 (Level 3-Part 1)** and equally between completion of the **Landesskilehrer 1 (Level 3- Part 1)** and beginning of the **Landesskilehrer 2 (Level 3- Part 2)** there MUST have been at least 10 days experience working in a Ski School. Only those who have positively completed the **Landesskilehrer 1 (Level 3-Part 1)** may attend the **Alpine Course**.

After the positive completion of all the Courses, and the completion of the aforementioned work experience, the candidate becomes a fully qualified **Landesskilehrer (Level 3)**. This qualification is internationally regarded as equivalent to an ISIA qualification.

Furthermore, through positive completion of the snowboard **SB Anwärter** Module (5 Days) the **Snowsports Instructor-Ski (Level 3+)** qualification is rewarded.

SKILEHRER ANWÄRTER – LEVEL 1+2

Course Length: 10 Days

Within the **Anwärter** course we work on achieving level 1 and 2. The main focus is on a beginners' lesson with the objectives "Introduction" to "Snowplough Steering". A further focus is on teaching children and teenagers. There will also be a focus on improving the candidates' own skills.

Break-down of hours: LEVEL 1 + 2 - SKILEHRER-ANWÄRTER			
THEORY	Sessions	PRACTICAL	Hours
Biomechanics		Methodology	20
General	2	Introduction	
Specifics	2	Straight Running	
Teaching Methodology		Snowplough	
Methodical	2	Snowplough Turning	
Instructional	2	Edging	
English/German	2	Sliding	
Equipment	2	Snowplough Steering	
Kids Lessons	2	Kids Program	5
Snow and Avalanche	2	Technical Program	15
Safety and Danger	2	Methodical Exercises	10
Occupation "Ski Instructor"	1		
Tourism	1	SKI SCHOOL EXPERIENCE	50
Group Work	3		
Ski Tuning	1		
Video Analysis	3		
First Aid	3		
Total	29	Total	100
EXAMINED THEORY SUBJECTS		PRACTICAL EXAMS	
Biomechanics		Examined Runs	
Teaching Methodology		Snowplough Turns	
Kids Lessons		Snowplough Steering	
Snow and Avalanche		Short Turns	
Equipment		Long Turns	
German / English		Practical Methodology	
Safety and Danger		Practical Teach	

ALTERNATIVE: MODULAR QUALIFICATION PATH
NATIONAL SKI INSTRUCTOR – LEVEL 1

Course Length: 5 Days

Within the **National Ski Instructor – Level 1** course we work on achieving level 1 and 2. The main focus is on a beginners' lesson with the objectives "Introduction" to "Snowplough Steering". A further focus is on teaching children and teenagers

Break-down of hours: LEVEL 1 – NATIONAL SKI INSTRUCTOR			
THEORY	Sessions	PRACTICAL	Hours
Biomechanics		Methodology	10
General	2	Introduction	
Specifics	2	Straight Running	
Teaching Methodology		Snowplough	
Methodical	2	Snowplough Turning	
Instructional	2	Edging	
Equipment	2	Sliding	
Kids Lessons	2	Snowplough Steering	
Group Work	1	Kids Program	5
Video Analysis	1	Technical Program	5
		Methodical Exercises	5
		SKI SCHOOL EXPERIENCE	10
Total	14	Total	35
EXAMINED THEORY SUBJECTS		PRACTICAL EXAMS	
Biomechanics		Examined Runs	
Teaching Methodology		Snowplough Turning	
Kids Lessons		Snowplough Steering	
Equipment		Short Turns	

ALTERNATIVE: MODULAR QUALIFICATION PATH MODULE SKI ANWÄRTER – LEVEL 2

Course Length: 6 Days

Within the module Ski Anwärter (Level 2) is improving the candidates own skills and furthering the what was learned during the Level 1 course.

Break-down of hours: LEVEL 2 – MODUL SKI ANWÄRTER			
THEORY	Sessions	PRACTICAL	Hours
English / German	2	Methodology	5
Snow and Avalanche	2	Introduction	
Safety and Danger	2	Straight Running	
Occupation "Ski Instructor"	1	Snowplough	
Tourism	1	Snowplough Turning	
Group Work	3	Edging	
Ski Tuning	1	Sliding	
Video Analysis	3	Snowplough Steering	
First Aid	3		
		Technical Program	20
		Methodical Exercises	5
		SKI SCHOOL EXPERIENCE	50
Total	17	Total	80
EXAMINED THEORY SUBJECTS		PRACTICAL EXAMS	
Biomechanics		Examined Runs	
Teaching Methodology		Snowplough Turning	
Kids Lessons		Snowplough Steering	
Snow and Avalanche		Short Turns	
Equipment		Long Turns	
English / German		Practical Methodology	
Safety and Danger		Practical Teach	

LANDESSKILEHRER 1 – LEVEL 3 PART 1

Course Length: 10 Days

During the Landeslehrer 1 – Level 3 Part 1 course, the focus is on preparation for the Landeslehrer Exams (Level 3) with a main goal of bettering the candidates own technique on- and offpiste and in the Race course. Furthermore, “Parallel Turns” are built up and worked on.

Break-down of hours: LEVEL 3 Part 1 - Landeslehrer 1			
THEORY	Sessions	PRACTICAL	Hours
Biomechanics		Methodology	5
General	2	Snowplough Steering	
Specifics	2	Parallel Turns	
Teaching Methodology		Dynamic Parallel	
Methodical	2	Freeride	20
Communication	2	Technical Program	15
English / German	2	Race	6
Freestyle	2	Freestyle	4
Race	2		
Snow and Avalanche	4		
Group Work	1		
Video Analysis	3		
		SKI SCHOOL EXPERIENCE	50
Total	22	Total	100
EXAMINED THEORY SUBJECTS		PRACTICAL EXAMS	
Biomechanics		Examined Runs	
Teaching Methodology		Race Technique	
Freestyle		Off-piste	
Snow and Avalanche		Bumps / Moguls	
		Rhythm Change	
		Snowplough Steering	
		Parallel Turns	

LANDESSKILEHRER 2 – LEVEL 3 PART 2

Course Length: 10 Days

Within the Landesskilehrer 2 – Level 3 Part 2 Course the candidates are prepared for the final Landesskilehrer exam in front of the commission. The main practical and methodical focus is on the subjects "Snowplough Steering" to "Dynamic Long and Short Turns" Other focuses include, preparation for the Giant Slalom and off-piste technique. The future Landesskilehrer also gains a huge amount of knowledge about the physical and psychological elements of skiing.

Break-down of hours: LEVEL 3 Part 2 - Landeslehrer 2			
THEORY	Sessions	PRACTICAL	Stunden
Biomechanics		Methodology	14
General	2	Snowplough Steering	
Specifics	1	Parallel long turns	
Fehleranalyse	1	Short Turns	
Teaching Methodology		Dynamic Long Turns	
Methodical	4	Dynamic Short Turns	
Englisch	2	Freeride	20
Equipment	2	Technical Program	5
Occupation "Ski Instructor"	2	Race	6
First Aid	4	Methodical Exercises	5
Topography	1		
Tourism and Nature	1		
Group Work	3		
Video Analysis	4		
Total	27	Total	50
EXAMINED THEORY SUBJECTS		PRACTICAL EXAMS	
Biomechanics		Race	
Teaching Methodology		Variables	
Equipment		Off-piste	
English / German		Bumps / Moguls	
First Aid		Rhythm Change	
		Demos	
		Snowplough Steering-Long Turns	
		Dynamic Long Turns	
		Dynamic Short Turns	
		Practical Methodology	
		Practical Teach	

ALPINE COURSE

Course Length: 7 Days

The aim of the Alpine Course is to teach alpine knowledge and understanding (theoretical and practical) for the safe guiding and accompanying of guests under the umbrella of a ski or snowboarding school on marked ski routes and variants in the close vicinity of a lift.

Break-down of hours: Alpine Course			
THEORY	Sessions	PRACTICAL	Hours
Snow and Avalanche	4	Snow and Avalanche	6
Tour Planning / Guiding	4	Tour Planning / Guiding	15
Orienteering	4	Orienteering	4
Weather	4	Weather	3
Rescue	4	Rescue	3
Group Work	4	Transciever Search	4
Total	24	Total	35
EXAMINED THEORY SUBJECTS		PRACTICAL EXAMS	
Guiding		Guiding a Tour	
Tour Planning		Snow Study / Profile	
Alpine Dangers		Orienteering	
Snow and Avalanche		Rescue	
Orienteering		Transciever Search	
Rescue			

MODULE SB-ANWÄRTER – LEVEL 2

Course Length: 5 Days

The content of the module SB-Anwärter is the development of teaching the objectives "Intro" to "Drifted Turns". In addition, the participants' own skills are improved. The prerequisite for participation is the completed Skilehrer Anwärter (Level 1+2).

Break-down of hours: LEVEL 2 – MODULAR SB-ANWÄRTER			
THEORY	Sessions	PRACTICAL	Stunden
Biomechanics		Methodology	15
General	2	Intro	
Specifics	2	Basics	
Teaching Methodology		Turns	
Methodical	2	<i>Drifted turn with weight-shift</i>	
Instructional	2	<i>Drifted turn with up-unweighing</i>	
English / German	2	<i>Inclined carving turn</i>	
Equipment	2	Freestyle	
Kids Lessons	2	<i>Freestyle-Basics</i>	
Snowboarding History	1	<i>Freestyle Box: 50/50</i>	
Group Work	2		
Board Tuning	1		
Video Analysis	2		
		Technical Program	5
		Methodical Exercises	5
Total	20	Total	25
EXAMINED THEORY SUBJECTS		PRACTICAL EXAMS	
Biomechanics		Examined Runs	
Teaching Methodology		Drifted turn with weight-shift	
Kids Lessons		Drifted turn with up-unweighing	
Snow and Avalanche		Freestyle Basics	
Equipment		Free run - Carving	
English / German			
Safety and Danger		Practical Methodology	
		Practical Teach	

GENERAL GUIDELINES

Organisation and Implementation

WIENER SKI- UND SNOWBOARDLEHRER VERBAND (WSSV) – SNOWSPORTS ACADEMY

Locations, Duration and Costs

All current course information is available on the homepage: www.snowsports.at

Trainer

All trainers have the highest Austrian training qualification - state diploma - Staatliche Diplomschulelehrer (Level 4).

Course Completion

At the end of each course, examinations take place. The graduates receive a confirmation / certificate with the qualification of the attained level of education in accordance with the provisions of the Viennese State Law (Wiener Landesgesetz).

Registration and Registration Deadline

All courses are available online at www.snowsports.at. No spoken or telephone registration will be accepted.

Participation after the registration deadline is only possible if free places are available.

The application is binding. (further information in the conditions of participation and cancellation)

Training Documents

The official teaching materials can be collected directly at the course. During the Anwärter course the documents are included in the price.

Mandatory Attendance

The candidate is obliged to attend every day of the course. The course fees are a flat rate and there is no refund for late arrival or earlier departure.

Proof of Work Experience

A period of ten days working in a ski school is prescribed between the courses and must be proven with a confirmation from the ski school at the start of the course.

Membership

The membership can be purchased at the courses, on-site or online.

Age of Participation

Only persons who have reached the age of 16 may be admitted to the Landesschulelehrer course. The examination however, can only be taken by those 18 years of age and over.

EXAMINATION RESITS

If a test is not passed, a resit at a Snowsports Academy course is to be completed. If more than 3 practical test parts are not passed, a complete course repetition is recommended. A resit must be carried out within a period of max. 3 years, after course completion, otherwise a course repetition is required.

Registration for a resit

Registration for a resit is only possible online at www.snowsports.at no later than 7 days before the exam day. The examination fee is to be transferred immediately after registration.

Meeting Point for resits

The dates for resitting an exam are available on the homepage. Participants in the re-examination are obliged to be present at the opening of the examination in the respective hotel.

Training camp for resits

There is the possibility to prepare for the resits as part of a training camp. The training camp will be offered for the Anwärter Ski (level 1+2), Anwärter SB (level 1+2), Ski Landeslehrer (LS1 + LS2) and SB Landeslehrer. There is also the possibility of a special preparation by the RTL-camp, off-piste camp or the mogul camp. Registration for a training camp is only possible online at www.snowsports.at

HOUSE RULES DURING THE COURSES

- Skis and Snowboards are to be kept only in the Ski-room
- A Ski-depot is also available on the mountain
- NO SKIS, SNOWBOARDS OR BOOTS IN THE ROOMS!!!
- Only tune equipment in the designated areas
- Empty bottles, cans, please dispose of and do not leave lying around
- Keep the rooms tidy. It is not possible for the chambermaids to do their job when there are things lying around
- Smoking is forbidden in the Hotel, only smoke in the designated smoking area and use the ashtrays provided
- Quiet after 11pm in the rooms and hallways
- The participant is liable for any damages in the rooms

DAILY ROUTINE

Approximate daily schedule (subject to change):

Breakfast from 07:00

08:00 Bottom station of the lifts

PRACTICAL SESSIONS

09:00 - 12:00

13:00 - 14:30

THEORY SESSIONS

Afternoon and/or evenings in the hotel