

SKILEHRER ANWÄRTER – LEVEL 1+2

Course Length: 10 Days

Within the **Anwärter** course we work on achieving level 1 and 2. The main focus is on a beginners' lesson with the objectives "Introduction" to "Snowplough Steering". A further focus is on teaching children and teenagers. There will also be a focus on improving the candidates' own skills.

Break-down of hours: LEVEL 1 + 2 - SKILEHRER-ANWÄRTER			
THEORY	Sessions	PRACTICAL	Hours
Biomechanics		Methodology	20
General	2	Introduction	
Specifics	2	Straight Running	
Teaching Methodology		Snowplough	
Methodical	2	Snowplough Turning	
Instructional	2	Edging	
English/German	2	Sliding	
Equipment	2	Snowplough Steering	
Kids Lessons	2	Kids Program	5
Snow and Avalanche	2	Technical Program	15
Safety and Danger	2	Methodical Exercises	10
Occupation "Ski Instructor"	1		
History of Skiing	1	SKI SCHOOL EXPERIENCE	50
Tourism	1		
Group Work	1		
Ski Tuning	1		
Video Analysis	3		
First Aid	3		
Total	29	Total	100
EXAMINED THEORY SUBJECTS		PRACTICAL EXAMS	
Biomechanics		Examined Runs	
Teaching Methodology		Snowplough Turns	
Kids Lessons		Snowplough Steering	
Snow and Avalanche		Short Turns	
Equipment		Long Turns	
German / English		Practical Methodology	
Safety and Danger		Practical Teach	